

# Newsletter

Dear Participants, Colleagues and Alliance Chinese-Canadian Study Supporters!

We're thrilled to announce that we have reached our target of recruiting over 500+ Chinese-Canadian participants into the Alliance study. We closed recruitment to new participants as of November 1<sup>st</sup> but we will still be conducting MRI study visits at Sunnybrook Hospital through January of 2018. We thank all participants who have taken the time to be part of the study and wish everyone the best in the New Year!

- The Alliance Chinese-Canadian Study Research Team



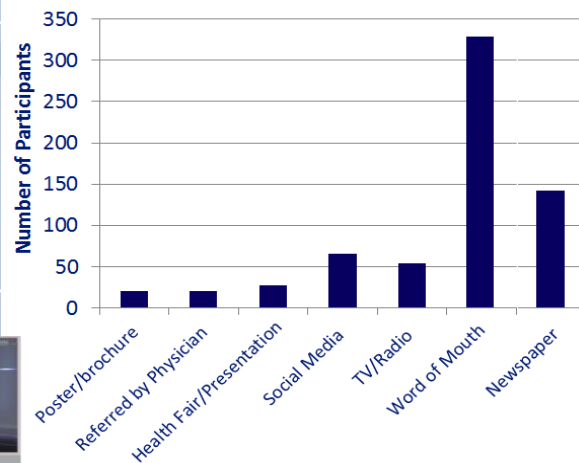
Progress as of December 15, 2017

Completed all online questionnaires  
597

Completed the full study protocol  
442

## THANKS FOR SPREADING THE WORD ABOUT THE ALLIANCE STUDY!

We used various strategies to recruit participants into the study and tracked where they heard about the study. We discovered that most participants heard about the study through 'Word of Mouth' (e.g., family, friends).



### MRI Souvenir Videos and Risk Reports

We have completed the souvenir MRI videos of participants scanned prior to October 31, 2017 and are in the process of sending them out. The heart health risk reports are being issued on an on-going basis as participants complete the questionnaires.

### Blood Samples and Analysis

The blood samples of all participants will be initially analyzed in the first few months of 2018. Once all samples are analyzed, we will share the results with participants.

### MRI Scan Incidental Findings

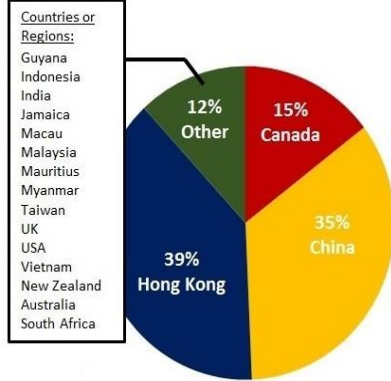
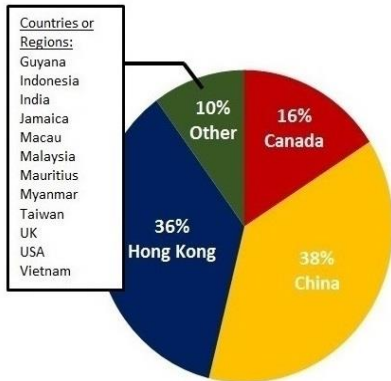
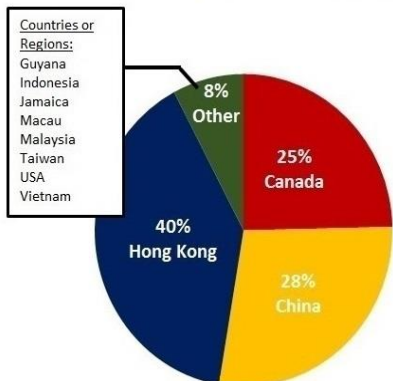
We are reporting to those participants who have been identified as having any of 5 severe structural abnormalities. Our aim is to report back to all participants with abnormalities within 3 months of having their MRI scan (occasionally, it may take longer). Initial reading of scans has been completed for participants who have completed their MRI visit prior to September 30, 2017. To date, about 6% of participants have been found to have one of these abnormalities.

### In the Media

View Dr. Chi-Ming Chow's Alliance study interview: [OMNI TV: Focus Cantonese](#) and [OMNI TV: Focus Mandarin](#) from October 23, 2017.



## Country of Birth for the Chinese-Canadian Study Participants



The charts on the left display the evolving country of birth demographics from July 6, September 18, and November 24 which represents the final distribution.

The most recent numbers indicate that approximately 57% of participants are female and 43% are male.

In 207 study participants as of July 6, 2017    In 377 study participants as of Sept 18, 2017    In 597 study participants as of Nov 24, 2017

If you have questions or would like to update your contact information, please let us know by e-mail or telephone.

English: [www.allianceheartsandminds.ca](http://www.allianceheartsandminds.ca) Chinese: [http://cahmm.mcmaster.ca/?page\\_id=6181](http://cahmm.mcmaster.ca/?page_id=6181)  
 Facebook: <https://www.facebook.com/The-Alliance-Chinese-Canadian-Study-284326275337127/>  
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