



CANADIAN
ALLIANCE
for Healthy Hearts & Minds

How can **YOU** help improve the health
of Chinese Canadians?
您如何能改善您的健康?

Join the Alliance! 加入我們!

This study aims to:

- Identify the early causes and risk factors for cardiovascular disease (heart, brain or blood vessels)
- Determine how the food we eat and the places we live and work influence our health
- Learn about how we access and use health services in Canada

What's in it for YOU?

- Receive a free **MRI scan** at Sunnybrook Health Sciences Centre
- **Images** of your heart and brain, and an individualized **heart health risk score**



***If you are Chinese Canadian and 35-69 years old,
you may be eligible!***

If you are interested in participating in this study, please contact the national research offices at **1-866-414-7474** or alliance@phri.ca

If you have any questions or would like more information, please contact our local coordinating centre at **647-962-8651** or alliance@ices.on.ca

Visit the study website and Facebook page for more information:

www.allianceheartsandminds.ca

<https://www.facebook.com/The-Alliance-Chinese-Canadian-Study-284326275337127/>

